



SOULS HARBOR SEEKS TO EXPAND SERVICES
Impacting the Souls of Men, their Families, and the Heart of our Community



RESTORE INDIVIDUALS
REBUILD FAMILIES
TRANSFORM COMMUNITIES

The men we serve are ready to rebuild their lives.

Prior to coming to Souls Harbor these men have completed inpatient rehabilitation for 30 – 60 days and are ready to begin the hard work of reconstructing their lives.

Every week we receive more than 150 inquiries from men seeking assistance to turn their lives around from the devastating effects of substance abuse. With no home, no job, and no hope, these men turn to Souls Harbor to rescue, restore, and rebuild not only their own broken lives, but also the lives of their families.

In 2015, Souls Harbor Northwest Arkansas (NWA) underwent a radical change from an emergency homeless shelter to the only men's transitional sober living community in the state. We currently provide food, clothing, shelter, educational programs, and employment opportunity free of charge.

The needs in our community are greater than our current capacity to serve. The opportunity, however, to transform lives in our community through innovative solutions are even greater. Through our dynamic staff leadership, and a very proactive board of directors, we are ready to expand our services, programs, and vision to meet the needs of our clients and become a model for others across the country.

We are dedicated to restoring individuals, rebuilding families, and transforming Northwest Arkansas. **This is why we are exploring a \$1.5 million comprehensive initiative that will revolutionize the souls of men, their families, and the heart of our community.**

IMPACT OF POVERTY & ADDICTION

The majority of the men
we serve are fathers,



and **75%** have
a drug charge
on their record.

They are homeless, hurting, and working to overcome poverty & addiction. And, in Northwest Arkansas the number of men struggling with substance abuse continues to grow. We see it everyday with the phone calls we receive. Our waiting list is 9-months out, with 30 or 40 men who have nowhere to turn. Battling addiction, homelessness, and unemployment is insurmountable. The stronghold of addiction has a rippling effect. Families are broken and children are left fatherless, setting up a devastating consequences and a cycle of poverty.



IMPACT OF POVERTY ADDICTION

FATHER FACTOR IN POVERTY

Children in father-absent homes are almost four times more likely to be poor. In 2011, 12 percent of children in married-couple families were living in poverty, compared to 44 percent of children in mother-only families.



12%

of children in
married-couple
families were
living in poverty



44%

of children in
mother-only
families were
living in poverty

FATHER FACTOR IN EMOTIONAL AND BEHAVIORAL PROBLEMS



Data from three waves of the Fragile Families Study (N= 2,111) was used to examine the prevalence and effects of mothers' relationship changes between birth and age 3 on their children's well being. Children born to single mothers show higher levels of aggressive behavior than children born to married mothers. Living in a single-mother household is equivalent to experiencing 5.25 partnership transitions.

Souls Harbor has served over **3000** men.
Since reorganizing as a transitional living community, **45** men have gone through the program with a **65% success rate**.



FATHER FACTOR IN INCARCERATION

Even after controlling for income, youths in father-absent households still had significantly higher odds of incarceration than those in mother-father families. Youths who never had a father in the household experienced the highest odds.



FATHER FACTOR IN CRIME

A study of 109 juvenile offenders indicated that family structure significantly predicts delinquency.

Our program is making a difference.

AND, WE NOW HAVE OPPORTUNITY TO REACH AND HELP EVEN MORE MEN AND THEIR FAMILIES.

AS WE HELP ONE MAN, WE HELP ENTIRE FAMILIES, GENERATIONS, AND OUR COMMUNITY.



TRANSFORMATIONAL RECOVERY

One of the keys to helping men recovering from substance abuse is to reach them and walk alongside of them after their initial treatment and recovery process has begun.

We are no longer a homeless shelter that only provides a bed and a meal, but have become a transitional living community. There is no charge for residents while in the program, however they must commit to stay a minimum of six months with a maximum stay of one year. Most of our residents stay nine months. We now have a case manager to help residents move out of survival mode and into the mode of rebuilding their lives through setting and achieving short and long-term goals.

OUR PROGRAM REQUIRES

- ✓ Background checks, application, interview, and drug/alcohol screenings
(we do not accept individuals with violent or sexual offenses)
- ✓ Residents are either working or going back to school full-time
(we help residents find employment opportunities)
- ✓ Participation in our life skills classes including financial literacy, parenting/relationships, workforce development, and healthy living.
- ✓ Counseling and case management to develop individualized plan
- ✓ Mentor/sponsor to provide a healthy support network
- ✓ Assistance applying for health insurance

Upon graduation, residents are prepared with an after-care plan and a healthy support network to break the cycle of addiction and poverty.

TRANSFORMATIONAL VISION

Souls Harbor's community has high standards of offering men a hand up NOT a hand out.

The issues of homelessness, addiction, and poverty are complex, BUT most Americans are only two paychecks away from housing instability. It costs taxpayers \$55 per day to incarcerate someone.

The cost savings of investing in a man in our program is over **\$300/per month** versus incarceration just as a baseline.



The life skills he learns, the employment he gains, and the reunification of families is proving to break the cycle of addiction and poverty. Men in our community who were once hurting and hopeless are now becoming productive tax-paying citizens, paying child support, and adding value and giving back to the community. We currently receive no government funding, and rely solely on community support.



TRANSFORMATIONAL VISION

OUR \$1.5 MILLION EXPANSION VISION INCLUDES THE FOLLOWING TWO PHASES:

PHASE I

NEW RESIDENTIAL HOUSING

- ✓ Building new college-style housing on existing property using repurposed shipping containers which could be donated by the community to allow for expansion and flexibility.
- ✓ New housing will allow us to serve an additional 20 men – 40 total



RESOURCE CENTER – CONVERT CURRENT DORMS INTO A RESOURCE CENTER

- ✓ Educational workspace and classroom space for technology classes, library, parenting classes, coaching programs, finance classes, and life skills
- ✓ Small gym to promote health and wellness
- ✓ Resident clothing closet and personal care items
- ✓ Offices for administration and case managers



AGRICULTURAL – CONVERSION OF 6 1/2 ACRES TO EXPAND GARDEN AND ORCHARD, AS WELL AS SCENIC WALKING TRAIL

- ✓ Sustainable food source for our residents
- ✓ Sustainable revenue source for our program
- ✓ Community involvement opportunities
- ✓ Provide new skills for residents
- ✓ Place for quiet meditation, healing, and spiritual growth



PHASE II

SOULS FAMILY HOUSING – PROVIDING A CONTINUUM OF SUPPORT TO REUNITE MEN WITH THEIR FAMILIES

- ✓ Gives men an opportunity to pay rent and establish credit for one year
- ✓ Will be only transitional family housing in the region
- ✓ Opportunity to partner with state resources

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WITH ADDITIONAL PROGRAMS AND SERVICES, WE ANTICIPATE ADDING SEVERAL MORE STAFF MEMBERS.

TRANSFORMATIONAL INVESTMENT

The true investment in transforming today's men and fathers is priceless. The ripple effect is deep, as the investment impacts the lives of women, children, family generations, our community, and our society as a whole.

Our program will become sustainable via social enterprise opportunities such as utilizing our commercial kitchen and gardens, HUD funding for single-family transition, Thrift Store, Mobile Juicing Truck, and residents building the container housing with the developer. These are just some of the innovative ideas we have to be faithful stewards of the community's investment.



**JOIN US IN MAKING
A TANGIBLE DIFFERENCE.**

**INVEST WITH US IN RESTORING, REBUILDING, AND TRANSFORMING. THIS INITIATIVE IS
COMPREHENSIVE BECAUSE IT FEEDS, HOUSES, EDUCATES MEN AND CHANGES LIVES.**

A PROACTIVE BOARD

Over the past year, Souls Harbor has worked hard to build a board of directors who embrace and pursue solutions outside the box that keeps many non-profit organizations from visionary, sustainable growth. Our Board members are multi-generational, highly skilled, self-motivated, and passionately bought in to our vision. We are excited to have developed a long-term sustainable road map to share with the community. We invite you to join us!

Board Of Directors

Becky June, *Chair*

Chad Lee, *Vice Chair*

Jon Allen, *Secretary*

Casey Apperson

Aaron Cash

Hannah Cicioni

Russ Kuhn

John Phillips

Ben Snodgrass

Kim Tisdale



Please contact Becky June, Campaign Chair
at rmjune10@live.com or call 479.321.9362

[1206 N. 2nd Street, Rogers, AR 72756](#) | www.soulsharbornwa.org



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